

# The Timeball

Official Bulletin of the Rotary Club of  
Williamstown

Rotary District 9800

Rotary International Club Number 7208

Issue No. 40      Rotary Year 2015      Date June 20

**AREA OF FOCUS FOR JUNE IS “ROTARY FELLOWSHIPS”**

Apologies: Damien Hynes, Sven Gutenbeil

Guest: Christine Hurwood

Guest Speaker: Rebecca McLennan  
(Equine Psychotherapist, Counsellor and  
Hypnotherapist)

# Announcements

Kathy reminds us of the District Governor changeover lunch at the RACV Club on Sunday June 26, 5 members from our Club are attending. \$75 a head, 11.30am for a noon start.

Our changeover will be held in the Seaview Restaurant at the Williamstown Football Club on Friday evening July 1. Please invite friends and family to come along and enjoy live jazz music and to assist in getting our numbers up. When paying via eft into Club account please record your name as reference.

The President of the Point Gellibrand Club will be continuing for a second year. All welcome to attend their black tie event at the Yacht Club on Saturday June 25 commencing at 7pm.

Busy Feet kicks off on July 4! Congratulations and thanks to Ray Lipscombe for his efforts in getting this cluster Club initiative up and running.

John advises the 2 recent sausage sizzles raised \$1075, and there is another this coming Sunday at Waterside.

Highland's Foundation holding a High Tea on Sunday July 24 - \$45 donation, please see attached flyer for more information.

Tony Boyd advises the Foundation dinner raised a grand total of \$87.20.

Yvonne, recently, attended the Inner Wheel Club of Bendigo and was presented with a cheque of \$1000 for Rocan.

Camp Getaway is booked for August 26 and 27 – proposed itinerary as follows: for those that can come up on the Friday night dinner will be at the Pub; Saturday will be a working B. with light duties such as weeding; followed by dinner, entertainment and accommodation at the Camp. Yvonne to advise the cost, it won't be much, please invite your friends and family along to support Camp Getaway. Kathy and Nils will be attending, please record your names in the red book.

District Membership seminar will be held Saturday August 27.

Please see information attached with details of the Monday evening screening of the film "Asylum" at the Sun Theatre.

Proposed Board Meeting Tuesday June 28.

Brad thoroughly enjoyed meeting the Early Act children from Sandridge School. They were dynamic, displaying impressive organizational and social skills.

Brad not so sure about John's time management skills fining him for clocking up 2 speeding tickets along Frances Street in Eddie's car, better luck next time John – at least you got to see your Grandsons 50<sup>th</sup> football game!

CARL WON THE JOKER'S WILD, BUT NO JOKER, AND SO

THE KITTY CONTINUES TO GROW!!!



Des Hosking, June 23 & Yvonne Moon  
June 26



# Reeba – Equine Assisted Therapy,

Rebecca McLennan, 0425 454 824

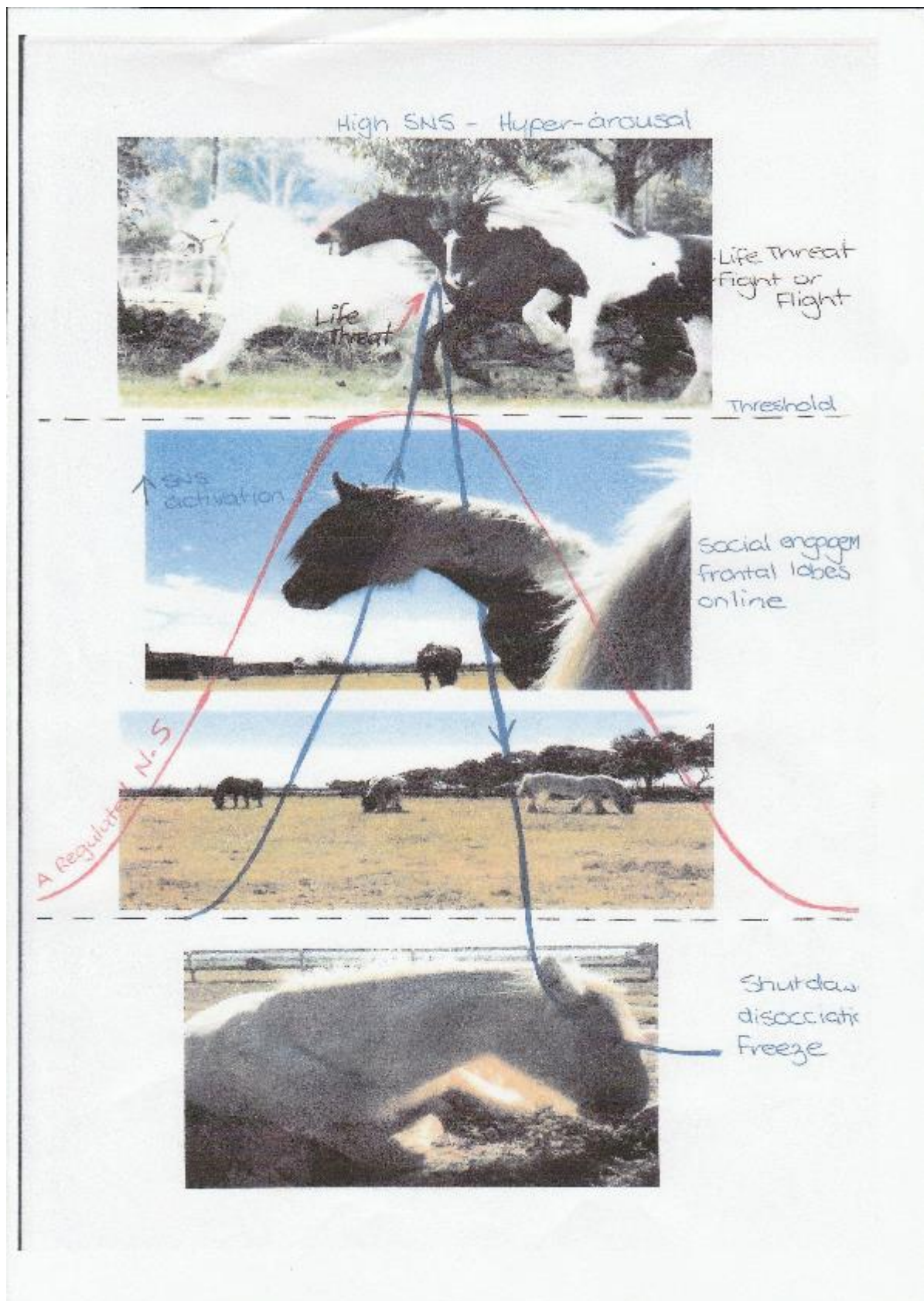
Our Monday meeting Guest Speaker was Rebecca McLennan, Equine Psychotherapist, Counsellor and Hypnotherapist. Rebecca, whose clinical background was in an office space, took her passion for horses to America in 2012 to observe and learn more about the benefits horses were having with returned military personnel. Rebecca, returned to Australia and commenced training in Daylesford and now leases land at Rockbank and owns 3 horses.

Rebecca and her horses work with clients of all ages, from children through to our elderly, with a diversity of backgrounds, varying issues and health conditions. The therapy is experiential using mindfulness and Buddhism techniques. Clients choose the horse they would like to work with sharing with the horse their story. Rebecca observes the collaborative behaviour of the client and the horse and then enquires with the client what thoughts and feelings arose, drawing out of the client what is actually going on for them. Horses are masters of self-regulation, they are a prey animal and so are fully aware, living in the moment. This holistic approach to therapy encourages and teaches the client to listen to their body where all the information required resides. Amazing results are achieved in 1 hour sessions with clients learning happiness, which in turn encourages growth of confidence and self-esteem.

Rebecca suggests that once the client has awareness they are able to have choice and it is through awareness and choice that changes and growth can occur. This enables the client to experience life differently, leading to lasting improvements in the quality of an individual's life.

Please visit Rebecca's website [WWW.Reat.com.au](http://WWW.Reat.com.au), for a fuller understanding of this unique and special dimension to therapy.

# Horse Behavioural Responses



## BusyFeet expanding horizons with dance FOR CHILDREN WITH DISABILITIES

BusyFeet is an established program designed to create a special place for children with intellectual and physical disabilities through dance and music.

Conducted in a fun and safe environment, it's a place where everyone feels special and is respected for their individual ability.



### BusyFeet is:

- A dance activity with one on one support
- With qualified dance teachers and Accredited Occupational Therapist
- For children 6–16 years
- Weekly group classes – totally volunteer based
- Classes: 5pm - 6pm, Thursdays, at Eleny P.A.C., 324 Kororoit Creek Rd, Williamstown
- Professional Studio with sprung floor, family focused – Cost: gold coin
- Parents/Carers can sit for a quiet chat over coffee, read or go for a walk

How lucky I have been to be involved with BusyFeet. To dance with these very special children, to see them over the past few months grow as they learn new dance steps, has been a privilege.

Jenny M  
BusyFeet Volunteer

Thanks very much to you and all of the volunteers for providing such a wonderful opportunity, it is very much appreciated. Thank you again. See you next week!

Kind Regards,  
Sally

We just love music and dancing and I am sure his face lights up when he comes to class. Many thanks again for holding this great event for families with disabilities.

I look forward to being able to do my weekly shop when he's dancing!!

Many thanks,

Cannot wait for BusyFeet day!



Especially loves coming to busy feet. Its the highlight of her week.

Joanne

I can not express how much I appreciate this opportunity for J to have an extra curricular activity just like any other child. We look forward to returning next term.

Applicants/Volunteers invited to register at

All volunteers have current  
Working With Children Accreditation



Supported by  
Lin Hughes



A Community project of the Rotary Clubs of  
Altona, Altona City, Point Gellibrand,  
Williamstown and Yarraville



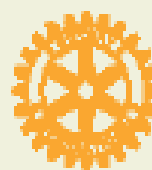
A Community project of the Rotary Clubs  
Altona, Altona City, Point Gellibrand  
Williamstown and Yarraville  
Initiated by Christine East-Mulven

## BusyFeet Hobsons Bay EXPANDING HORIZONS THROUGH DANCE



For Children with Disabilities

**Rotary**



Club of Point Gellibrand

The pleasure of your company  
is requested at the  
Rotary Club of Point Gellibrand

*30th Anniversary  
Dinner*

On Saturday, 25th June 2016 at 7pm  
Featuring music by the  
Catfish and Voodoo Band

This special black tie event is  
to be held at the Royal Yacht  
Club of Victoria  
(120 Nelson Pl, Williamstown).

Tickets are available for \$75 pp  
from Gunn & Co Williamstown or  
online at: [rotarypointgellibrand.com](http://rotarypointgellibrand.com)

*Please RSVP by the 18th June 2016 to  
[info@rotarypointgellibrand.com](mailto:info@rotarypointgellibrand.com)*

## PROJECT AND FUNDRAISER FOR REFUGEES

### Rotary West Footscray

Recently we heard about the desperate plight of thousands of refugees stranded in Greece, from George Verginis, President of Rotary, Kew. We learnt that instead of feeling helpless, we can give assistance directly, via the Rotary Clubs of Athens.

As we hear slogans and confusing comments about refugees in the current elections campaign, an informative documentary is coming to our cinemas called *Chasing Asylum*. This movie will not only help Rotarians who are asking "Is it the Truth?", but also help us as a fundraiser to give direct support via Rotary International to the displaced families in Greece.

We have booked Sun Theatre, Yarraville for Monday 27<sup>th</sup> June, 7pm.

Please mark your diary and invite fellow Rotarians, family and friends for a night of fellowship and enlightenment.

Cost is just \$20 per head to Chris Jones tele 9379 5888

or Cecil Schmalkuche on 0432 299 622. RSVP 17.6.16

Jane & Cecil are offering food and fellowship at 6pm. Their home is near the theatre – 23 Norfolk St. Yarraville

*Be a Gift to the World*



# The Highlands Foundation *High Tea*

SEAVIEW WILLIAMSTOWN EVENTS CENTRE

71 Morris Street  
Williamstown

24 July 2016  
2.00 - 5.00pm

\$ 45  
Donation

Join us in helping Mums and Bubs in Papua New Guinea

Come and enjoy a scrumptious High Tea, relax with friends and support  
the Highlands Foundation

Raffles, Silent Auction and Entertainment provided



<https://www.trybooking.com/201776> - Contact [kayleen115@hotmail.com](mailto:kayleen115@hotmail.com)

Posted MyWall.com

## June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 Farmers Market	6 Guests – Sandridge Students	7	8	9	10	11
12	13	14	15	16	17	18
19 Farmers Market	20	21	22	23	24	25
26	27	28	29	30		

## The Rotary Club of Williamstown, District 9800

President:	Kathy Roberts	Treasurer:	Nils Oman
Vice President:	Brad Saunders	Secretary:	George Papazisis
Marketing/PR:	Brad Saunders	Sergeant at Arms:	Paul Morgan
Foundation:	Tony Boyd	Club Service:	Eddie Knight
International:	John Barry	Community:	Yvonne Moon
Youth Services:	Damien Hynes	Vocational Service:	Guy Chatain

## President Rotary International

K.R. Ravindran <http://www.rotary.org/>

## Rotary District 9800 Governor

Julie Mason <http://www.rotarydistrict9800.org.au>

## Assistant Governor Hobsons Bay Cluster

Richard Shortt

**The Rotary Club of Williamstown** meets every Monday, 12.45pm at the Customs House Hotel, Nelson Place, Williamstown.

Contact us: George Papazisis, 0433 264 711

Find us on the web at [www.rotarywilliamstown.org.au](http://www.rotarywilliamstown.org.au)

Rotary District 9800 [www.rotarydistrict9800.org.au](http://www.rotarydistrict9800.org.au)

Rotary Down Under [www.rotarydownunder.com.au](http://www.rotarydownunder.com.au)

**Networker** District 9800's weekly newsletter [www.rotarydistrict9800.org.au/](http://www.rotarydistrict9800.org.au/)

**The Rotary Club of Williamstown** is on Facebook – any Facebook user can join the group, and we promote the Club's activities and successes on this page.

