

# The Timeball

Official Bulletin of the Rotary Club of Williamstown  
Rotary District 9800  
Rotary International Club Number 7208

Rotary Year 2018

Date: 10th September

*September is Basic Education and Literacy Month*

## ***Presidents Report***

We had a busy weekend with a 3 day BBQ at Seaworks for the Woodworking show and a Farmers Market BBQ on the Sunday. A BIG Thank You to everyone that helped out. We sold 900 bread rolls, 40kg bacon, 800 sausages etc. Impressive numbers and a lot of cooking!

I want to remind everyone about the fantastic opportunity we have to leverage our contributions for the Polio campaign. For every \$2 we donate as a club or as individuals, D9800 kicks in another \$2 and RI \$1 (now \$5). Then the Bill Gates Foundation puts in twice this amount so it becomes \$15. That is 7.5 times what we put in from the beginning!!

Tony suggested that the club donates the equivalent of our Jokers Wild donations for this cause and the meeting endorsed that.

I look forward to our visit to the Laverton Air Force Base organised by Stan. Stan leaves for the Middle East on Tuesday 18/9 so this becomes a bit of a farewell to Stan.

*Apologies: Kathy, Damien, Sven, Carl, Murray and Beres.*

*Guests: Rhonda Knight*

*Guest Speaker: Denise Caruso, CEO Australasian Sarcoma Study Group*

## **Announcements:**

*George was very happy he managed to renew his building licence last Friday, he has been trying for 5 months.*

*A Great result had from the BBQ's on the weekend.*

*The Timber and Wood show at Seaworks netted \$3,130 and the Farmers Market \$1,126 so a total of \$4,256. A Great effort from all volunteers on the day.*

*Stan spoke about the upcoming event this Saturday, 15th September at The Combined Officers Services Mess at the RAAF Base, "Dining in Night". We have 18 coming on the night including partners.*

*Dress Code: Suits for men, Cocktail dress for ladies.*

*6.30pm Start, 7pm sit down for dinner.*

*Yvonne did a RoCan presentation at Avington resort, where she and Fred now live. She received 2 donations on the night one for \$2000 the other for \$300. The support bus for the bike riders broke down and will cost \$6,000 to repair.*

*A reminder about the Pink Breakfast at the Motor Yacht Club, Tuesday 25th September.*

*Halloween night at Hoffman's Reserve 31st October and Golf Day at Koorinal Golf Club. Council has approved the use of Hoffman's Reserve. Dads of Newport will be supporting the Halloween event on their Facebook page.*

*Tony asks the club to get their Registration in for the Golf Day, Routley Bakery will be a major sponsor.*



**No Jokers wild this week**

## **Guest Speaker Denise Caruso: CEO Australasian Sarcoma Study Group**

### What is a sarcoma?

A sarcoma is a cancer (malignant tumour) arising from bone, cartilage, or soft tissues such as fat, muscle, connective tissue or blood vessels. Sarcomas are rare cancers and occur in approximately 1% of the Australian population.

Sarcomas are often diagnosed late as they are very uncommon and there are many benign diseases that may have similar symptoms. A multidisciplinary team needs to manage a sarcoma because even a biopsy need to be handled in specific ways. A biopsy should be done after consultation with a sarcoma surgeon if a sarcoma is suspected.

### How is a diagnosis made?

To accurately diagnose a sarcoma, a sample (biopsy) is required and tissue needs to be taken, both fresh and fixed in formalin, for microscopic analysis. The first question for the pathologist is whether a sarcoma is present and if so, what type. There are many different types of sarcoma for which different kinds of treatment may be offered. Some examples include: osteosarcoma (bone), chondrosarcoma (cartilage), liposarcoma (fat), fibrosarcoma (connective tissue), angiosarcoma (blood vessels), leiomyosarcoma or rhabdomyosarcoma (smooth muscle or skeletal muscle).

In some tumours it is not possible to tell which tissue is involved. Diagnosis requires the use of special stains (immunohistochemical stains) that show some of the characteristic changes of these tissue types at the chemical level. Other tests that can be helpful include electron microscopy and genetic analysis, looking for specific genetic mutations that occur in some types of sarcoma.

### How are sarcomas treated?

Which treatment a person is given depends on the size, location, grade and subtype of the sarcoma. The size influences the risk of tumour spread and the chance that the surgeon will be able to remove the tumour completely. The location determines which other structures are close to the tumour and may limit the ability to completely remove the tumour (e.g. blood vessels and nerves). It is also important in determining how to best reconstruct the area after surgery and which other procedures may be required to promote best function. The grade of the tumour is important in determining the risk of tumour recurrence.

Generally, surgery is the treatment of choice if possible and this may be followed by radiation in some cases and chemotherapy. For some sarcomas, to shrink the tumour, chemotherapy or radiotherapy is used as the first treatment; this has the benefit of improving the chances of removing a tumour surgically, that may not otherwise be possible.

Sarcomas are best managed by a multidisciplinary team, which includes a surgeon, a radiation oncologist, a medical oncologist, a medical oncologist, a pathologist and a radiologist



## Empower through Education

Your gift to The Rotary Foundation allows us to invest in our future by supporting Rotarians around the world to change lives and create opportunities through our groundbreaking work in education and literacy.



### New Teaching Methods

The SOUNDS program in South Africa, Puerto Rico and the United States teaches educators how to improve literacy by teaching children to recognize letters by sounds instead of names.



### Teaching Adults to Read

Rotary members in the United States partnered with ProLiteracy Detroit to recruit and train tutors after a study showed that more than half of the local adult population was functionally illiterate.

#### SPECIAL EFFORT CONTRIBUTION CONTRIBUTIONS FROM CLUBS (Polio Plus Fundraising Activities / Smartie Jar Fundraising)



Special Club Fundraising

\$2

District DDF Foundation

\$2

\$1

\$5

Bill & Melinda Gates Foundation

\$10

\$15




**END POLIO NOW MAKE HISTORY TODAY**

From 2015 to 2018, every US\$1 Rotary commits to WHO and UNICEF in direct support for polio eradication will be matched up to US\$5 million, and paid by the Bill & Melinda Gates Foundation.

<b>YOUR DONATION</b> US\$25	+	<b>BILL &amp; MELINDA GATES FOUNDATION</b> US\$50	=	<b>TOTAL CONTRIBUTION</b> US\$75
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150 VESTS FOR VOLUNTEERS | 75 VACCINE CARRIERS | 600 PURPLE FINGER MARKERS

Rotary  DONATE @ ROTARY.ORG/CONTRIBUTE LEARN @ ENDPOLIOWORLD.ORG

**Bohemian Rhapsody Film**

This a cluster event supporting the End Polio program.

The Rotary Foundation presents

# BOHEMIAN RHAPSODY

THE ONLY THING MORE EXTRAORDINARY  
THAN THEIR MUSIC IS HIS STORY

Join us at 7pm on Friday 2nd November  
at Sun Theatre Yarraville in The Barkly Cinema

**Tickets \$25**

Book by emailing to [rotaryaltona@gmail.com](mailto:rotaryaltona@gmail.com)

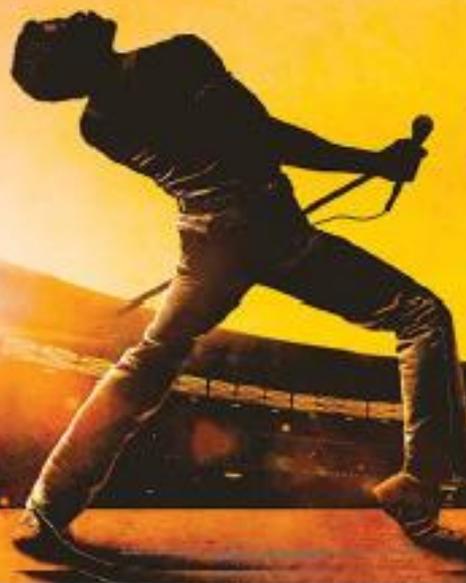
Bookings close Sunday 21<sup>st</sup> October 2018

Proceeds  
support  
Rotary's



Click the Donate button

**Rotary**  
District 9800



## Polio Update .. And call for donations

### Wild Poliovirus Weekly Update

14 August 2018



14 cases of polio  
in 2018 to date.

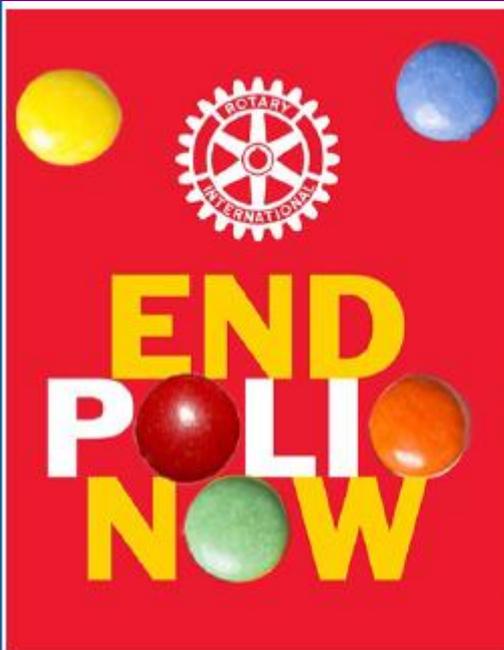


22 children were paralysed by polio  
in 2017 in Afghanistan and Pakistan.

[www.polioeradication.org](http://www.polioeradication.org)  
#EndPolio

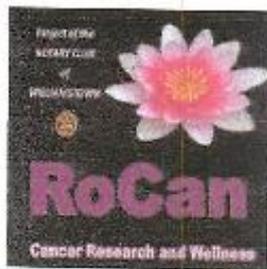


World Health  
Organization



<https://www.rotarydistrict9800.org.au/page/polioplus-giving>





Rotary



INVITATION TO PARTICIPATE

## CHARITY GOLF DAY Koorungal Golf Club

Date Wednesday 31st October 2018  
Time 12pm Shotgun Start

Presented by the Rotary Club of Williamstown  
Supporting the

### *RoCan Cancer Wellness Centre*

*Funds raised will support the planned Cancer Wellness Centre for Men & Women in the Wyndham Shire to facilitate patients and families receiving treatment at the Mercy and St Vincents Hospitals*

The Cancer Wellness Centre will provide services such as Yoga, Music Room, Legal and Financial advice, a mens shed and many other services  
To date we have raised in excess of \$400,000 towards this project but will need much more to bring it to fruition.  
The facility will be built in the western suburbs of Melbourne providing accommodation to families that cannot afford to stay in the City due to the high cost of cancer treatment.

We have all been touched in some way and by the effects.

***Together we can make a difference***

Your support of the Golf Day is appreciated as these events rely heavily on sponsorship and participation and our club is seeking the assistance of your organization in supporting this event.

Please help raise funds to complete this essential project by either joining us on the day, Sponsoring a hole or making a donation.

Enclosed is a Registration Form and Sponsorship document.

**GET YOUR TEAM TOGETHER AND REGISTER**

**RING**



Tony Boyd 9397 6388 or Mobile 0418 101 516  
[info@abinteriors.com.au](mailto:info@abinteriors.com.au)



Eighth Annual  
**Pink  
Breakfast**

Please join us for a morning of light entertainment to help raise awareness and support for Breast Cancer Research.

**Date:** Tuesday 25th September 2018

**Time:** 6:45am to 9:00am

**Venue:** Royal Victorian Motor Yacht Club

260 Nelson Place, Williamstown, VIC 3016

**Cost:** \$60.00 per head

includes a full breakfast, raffle, silent auction, door prizes, and more. Early Bird discounts available, see website for details.

**RSVP:** 21st September 2018

**Guest Speaker:**



**Dr Meron Pitcher**

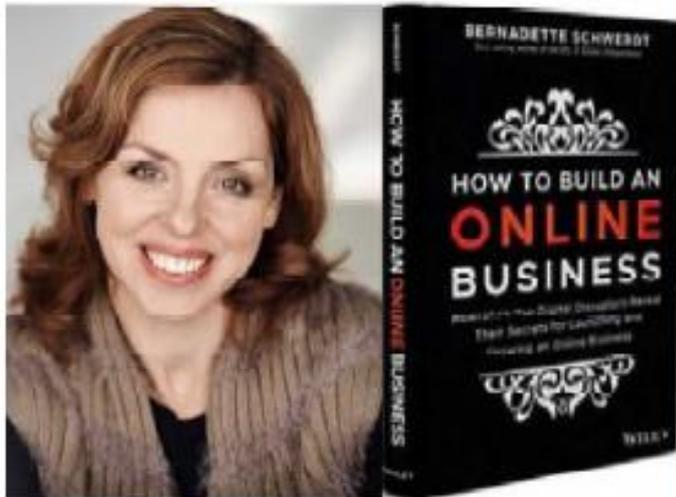
Head of breast services  
Western Health

Tickets can be purchased or donations made online at  
[rotarypointgellibrand.com.au](http://rotarypointgellibrand.com.au) or  
instore at Novel Kitchen, 80 Ferguson St, Williamstown (cash only)  
Enquiries: Michele 0401 501 245

This is a project from the Rotary  
Club of Point Gellibrand

**Rotary**  
Club of Point Gellibrand 

Rotary  **Vocational Event**



**MONDAY, 22 OCTOBER**  
**"HOW TO BUILD AN  
ONLINE BUSINESS"**

**Inviting Educators, Teachers, Business  
People and Budding Entrepreneurs**

Want to find out how Australia's top online entrepreneurs got started? Best-selling author, Bernadette Schwerdt shares her insights from interviewing 100 of Australia's top digital disrupters. Discover the secrets of how to build your own online business.

Also connect with Rotary's Youth programs.

**6.00 for 6.30 PM**  
**Koorinal Golf Club**  
**Wilga Ave, Altona**

**Networking**  
**Author signing**  
**session**

**Sample chapter download:**  
[www.altonacityrotary.org.au](http://www.altonacityrotary.org.au)

**Book early- limited**  
**places available**  
**RSVP by 12 October**

**Light Refreshments**  
**Drinks at bar prices**

**BOOKINGS & ENQUIRIES:**

[bgoodwin@bigpond.com](mailto:bgoodwin@bigpond.com)  
M: 0499 999 469

[www.altonacityrotary.org.au](http://www.altonacityrotary.org.au)

Cost: \$20.00 pp



**Registration is now Open**

[www.rotaryconference.org.au](http://www.rotaryconference.org.au)

**REGISTER BEFORE OCTOBER 31<sup>ST</sup>**



**TO WIN FREE REGISTRATION &  
GALA DINNER FOR 2 PEOPLE  
PLUS ACCOMMODATION FOR  
TWO NIGHTS (UP TO \$500)**

**Early Bird** \$175,

**New Rotarians** \$125

(joined after July 1 2016)

**AFTER NOVEMBER 30TH \$225**

**Conference Dinner** \$110

## **GALA DINNER**



Featuring the Baker Boys, a 9 piece band covering a wide variety of music  
3 course meal, Open Bar plus surprises all night

## **WHAT ROTARY DOES!**



As well as a fantastic Rotary Showcase there will be "three hands on projects" where you can pack emergency food for disaster relief, pack birthing kits or kits for the homeless in our communities.

Always a great fellowship opportunity

Further details [www.rotaryconference.org.au](http://www.rotaryconference.org.au)

## September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3 Dinner</b> Alex Gomez	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> BBQ at Seaworks	<b>8</b> BBQ at Seaworks
<b>9</b> BBQ at Seaworks Farmers Market BBQ	<b>10 Lunch</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> RAAF Base
<b>16</b>	<b>17 Dinner</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b> Farmers Market	<b>24 Lunch</b>	<b>25</b> Pink B/fast MYC	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>						



*SEPTEMBER Birthdays*

## *The Rotary Club of Williamstown, District 9800*

*President:* Nils Oman      *Treasurer:* Tony Boyd  
*Secretary/ Public Officer:* Kathy Roberts      *Foundation:* Murray Verso  
*Membership Development:* Damien Hynes      *Club Service:* Eddie Knight  
*Marketing/PR &* Brad Saunders  
*Protection Officer:* Brad Saunders      *Sergeant at Arms:* Jack Tahi/ Carl Hurwood  
*Community Service:* John Barry  
*Community Service,  
Rocan, Wellness Centre  
Chair:* Yvonne Moon  
*International Service:* Hazel Ackland,

### *President Rotary International*

Barry Rassin <http://www.rotary.org/>

### *Rotary District 9800 Governor*

Bronwyn Stephens <http://www.rotarydistrict9800.org.au>

### *Assistant Governor Hobsons Bay Cluster*

Paul Rake - paul.rake@bigpond.com

*The Rotary Club of Williamstown meets every Monday, Alternating lunch and evening meetings.  
Pelicans Landing, 1 Syme St, Williamstown*

*Contact us:* Kathy Roberts 0404 896 305

*Find us on the web at* [www.rotarywilliamstown.org.au](http://www.rotarywilliamstown.org.au)

*Rotary District 9800* [www.rotarydistrict9800.org.au](http://www.rotarydistrict9800.org.au)

*Rotary Down Under* [www.rotarydownunder.com.au](http://www.rotarydownunder.com.au)

*Networker* District 9800's weekly newsletter [www.rotarydistrict9800.org.au/](http://www.rotarydistrict9800.org.au/)

*The Rotary Club of Williamstown is on Facebook – any Facebook user can join the group, and we promote the Club's activities and successes on this page.*

